#### **Curriculum Vitae**

#### Dr. Ambrish Sanjay Dharmadhikari

MBBS, DPM, DNB (Psychiatry), MNAMS, MAPA, MIPS, PDRF (USA) Head – Medical Services (Psychiatrist) Mpower – The Foundation, Mumbai +917208109965 <u>ambrish30@gmail.com</u> DOB: 30/07/1986

Bio-sketch:

I have been academically inclined from start. In under-graduation (MBBS), I was fascinated by psychiatry. To pursue passion, I joined psychiatry excellence institute, completed DPM from CIP, Ranchi with gold medal. After completing my DPM and DNB (Psychiatry); I pursued post-doctoral training for new investigator from university of Pittsburgh, USA. For sharpening my research skills, I have trained myself in six months long course in research methodology by Indian institute of public health, Gandhinagar. I was awarded "Young psychiatrist track award" by World association of social psychiatry in 2016. Till date I have published seventeen (16) research paper and wrote five (5) chapters in various psychiatry textbooks. I have experience of working in field psychiatry for six years and Expertise in field of depression, EEG and community psychiatry. I have worked actively in providing mental health services in under privileged communities in Mumbai. I have been active in field of awareness on mental health via workshops, talks in community and media. Headed project for "Positive parenting and child helpline" based in Mumbai for one year. Currently I am working with Mpower – The foundation, in capacity of Head – Medical Services.

## Academic qualifications:

Course	Degree	Institute
Graduation	MBBS (2010)	Indira Gandhi Govt. Medical College, Nagpur
Post-graduation	Diploma in Psychological Medicine (2013)	Central Institute of Psychiatrist, Ranchi
Post-graduation	Board certification in Psychiatry (2016)	National Board of Examination, New Delhi
Post-doctoral	Training in research fundamentals as part of "Cross fertilized training for New investigator in India & Egypt" (2017)	University of Pittsburgh, PA, USA

Memberships	Association
International Member	American Psychiatry Association (APA)
Life Ordinary Member	Indian Psychiatry Association (IPS)
Member	European Psychiatry Network (EPN)
Member	Good Clinical Practice Network (WHO)
Founding Member	Global Mental Health: Global mentee and
	mentor network

### Honours and awards:

Award	Authority
Associate Editor	Odisha Journal of Psychiatry
Junior editorial board member	International Psychogeriatrics
Young psychiatrist track award (2016)	World association of social psychiatry
Gold medal (2013)	Ranchi University
Best poster presentation (2015)	Dr. N.S. Vahia foundation
First runner up in young scholar award (2015)	Torrent Pharmaceuticals

#### **Journal Publications:**

1. **Dharmadhikari A.**, Jaiswal S., Tandle A., Sinha D., Jog N., (2019) Study of frontal alpha asymmetry (FAA) in mild depression: A potential biomarker or not? Journal of neuroscience in rural practice. [Article in Press]

2. Tandle A., Joshi M., **Dharmadhikari A.**, Jaiswal S., (2018) Mental state and emotion detection from musically stimulated EEG. Brain Informatics. 5:14.

3. **Dharmadhikari A**, Tandle A, Jaiswal S, Sawant V, Vahia VN, Jog N, (2018) Study of Frontal Midline Theta (FMT) as Biomarker of Depression. East Asian Archives of Psychiatry. 28 (1), 17-23.

4. Dharmadhikari A, Jaiswal S, Sinha D, Sawant V, Vahia VN, (2018) Mental health

service utilization and upgrading services: a retrospective statistical review. Odisha Journal of Psychiatry. [Article in Press]

5. Bagle R., **Dharmadhikari A.**, Phadnis R., (2017) Yoga: Past, Present & Future: A brief review. Journal of Yoga and Physiotherapy. 3 (4) 17.

6. **Dharmadhikari A.**, Sinha V., (2017) Psychiatric Comorbidity in Children with Epilepsy: A cross-sectional five years' rural prevalence study. Journal Neuroscience in Rural Practice, Apri-Jun; 8(2): 179-184.

7. Vahia V., **Dharmadhikari A.**, (2016) Personality Disorders: Why we need change? A critical review. Indian journal of Private Psychiatry, vol 10 (issue 2): 22-27.

8. A. Tandle, N. Jog, **A. Dharmadhikari**, S. Jaiswal, V. Sawant, (2016) "Study of Valence of Musical Emotions and its Laterality Evoked by Instrumental Indian Classical Music: An EEG

Study", International conference on communication and signal processing (ICCSP), Chennai, 2016, pp. 276-80.

9. A. Tandle, N. Jog, **A. Dharmadhikari** and S. Jaiswal, (2016)"Estimation of valence of emotion from musically stimulated EEG using frontal theta asymmetry," *2016 12th International Conference on Natural Computation, Fuzzy Systems and Knowledge Discovery (ICNC-FSKD)*, Changsha, China, 2016, pp. 63-68. doi: 10.1109/FSKD.2016.7603152

10. **Dharmadhikari A.S.**, Sinha V.K. (2015) Psychological management of craving. Journal of addiction and research, vol 6 (issue 2): 230.

11. **Dharmadhikari AS**, Vahia VN (2015) Is attenuated psychosis a reality? Examination of prodromal data. Indian journal of psychiatry, 57(Suppl 1): S11–S112 [Abstract].

12. **Dharmadhikari A.S.**, Nagrale V., Jaiswal S., Sawant V., Vahia V.N. (2014) Treatment Challenges of Bipolar Mania in HIV Patient: A Case Report International Journal of Medical Sciences and Healthcare -Volume 2, Issue 8, 2-4.

13. **Dharmadhikari Ambrish** (2014) Music therapy and psychiatry: Indian perspective. The journal of humanistic psychiatry. Vol 3; issue 2.

14. **Dharmadhikari A.S.**, Sinha V.K. (2013) Psychopathology in children with epilepsy: A cross section retrospective three years' study. Bulletin: Indian epilepsy association: Jharkhand chapter.

15. Shobit Garg, **Ambrish S. Dharmadhikari**, V.K. Sinha (2012) Craving in substance use disorders, Indian Journal of Social Psychiatry, 28 (1-2), 43-5.

16. **Dharmadhikari A.S.**, Sinha V.K., (2012) Psychopathology in children with epilepsy: A Cross section retrospective two years' study. Indian journal of psychiatry, 54(Suppl 1): S55 [Abstract].

#### **Chapter publications:**

1. Vahia V., Dharmadhikari A.S. Strength based approach in management of schizophrenia – A case study, In Positive Psychiatry – A Casebook Eds Jeste D, Summers R: American Psychiatry Publishing. pp 43.

2. Khess C.R.J., **Dharmadhikari A.S.**, Mehta V.S. (2016) Tic disorders, In Textbook of Child and Adolescent psychiatry Eds Vyas JN, Khess CRJ, Simlai S, Bohra N, Behere PB, Sharma I, Bohra NK, Ghimire SR: Paras Publications. pp 198.

3. Simlai J., Mehta V.S., **Dharmadhikari A.S.**, Khess C.R.J. (2016) Dissociative and conversion disorder, In Textbook of Child and Adolescent psychiatry EDs Vyas JN, Khess CRJ, Simlai S, Bohra N, Behere PB, Sharma I, Bohra NK, Ghimire SR: Paras Publications. pp 353.

4. Simlai J., Mehta V.S., **Dharmadhikari A.S.**, (2016) Learning Disability and its identification, In Textbook of Child and Adolescent psychiatry EDs Vyas JN, Khess CRJ, Simlai S, Bohra N, Behere PB, Sharma I, Bohra NK, Ghimire SR: Paras Publications. pp 267.

5. Jaiswal S., **Dharmadhikari A.S.** (2015) Substance use, In Bhave's textbook of Adolescent medicine Eds Bhave S, Menon P.S.N.: Peepee publisher.

#### Speaker:

1. Speaker at Mid Term CME of Indian psychiatry society at Workshop on common drug interactions. (2015)

2. International Speaker at Commorative centenary CME of Dr. N.S. Vahia Foundation on Electrophysiology of Depression, Moving ahead. (2016)

3. Speaker in Symposium on Electrophysiology in schizophrenia bridging laboratory and clinic at Annual national conference of Indian psychiatry society at Bhopal (Jan, 2016)

4. Speaker at Mental health awareness program organized by CIP, HBTMC & RNCMH and various NGO's.

#### References

- Prof (Dr.) Varun Mehta, MD, DNB Associate Professor & Unit II incharge, Central Institute of Psychiatry Ranchi, India Email id: <u>vs\_mehta@yahoo.co.in</u> Phone: +91-9204858189.
- 2. Dr. Sapna Bangar MD, MRCPsych

Head, Mpower- The Centre Mumbai Email: <u>sapna.bangar@mpowerminds.com</u>



# MUKESH PATEL SCHOOL OF TECHNOLOGY MANAGEMENT & ENGINEERING

March 23, 2021

To, Dr. Ambrish Dharmadhikari, Head psychiatrists, MPOWER foundation, Aditya Birla Foundation

Dear Sir,

At the outset we would like to thank you for sparing your valuable time to conduct a webinar on 'Interdisciplinary research in medical science' for faculty and Research Scholars at Mukesh Patel School of Technology Management & Engineering, Mumbai on March 17, 2021. Participants found it to be very useful and informative.

Looking forward to similar sessions in future.

Thanks and best regards,

SVKM'S

Dr. Archana Bhise Professor (Department of Electronics and Telecommunications Engineering) Associate Dean (Research and Development)

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